

Before you cook:

- 1. Clean your hands
- 2. Inspect and clean as needed your pots, pans, cooking utensils
- 3. Inspect and clean as needed your personal mess kit

Cleanup:

- 1. Smear a light film of biodegradable soap on the outside of your pots before cooking. This will help keep the pots from charring and make clean up easier.
- 2. Prepare enough water to clean all mess kits and pots in one sitting.
- 3. Boil cleaning water while you're cooking if you have an open burner, or while you eat, on the fire. It's a lot easier to clean cookware right after cooking; otherwise the food cools and hardens on the inside of the pots.
- 4. Begin clean up by setting out three buckets:
  - a. Wash bucket: contains hot water with a few drops of biodegradable soap.
  - b. Hot-rinse bucket clear hot water with a sanitizing tablet or a few drops of bleach to kill bacteria
  - c. Cold-rinse bucket: cold water
  - d. Keep the dish water as clean as possible. Scrape plates and pans before washing. Wash cleanest dishes first, save the dirtiest for last.
- 5. Get a scrubbing pad and put some water in the pot and start scrubbing the grime off the sides. (If you do this right after you cook it should require minimal scrubbing unless you completely burned the pot while cooking.)

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- 6. First use the wash bucket for all mess kits and pots/pans.
- 7. Second dip the mess kits, pots/pans in the hot-rinse bucket to kill the bacteria. Use tongs to dip dishes in the hot-rinse bucket.
- 8. Third dip the pot/mess kits in the cold-rinse bucket, this is important because it gets all of the bleach off of the dishes so that they are safe to eat from later.
- 9. Place the mess kits, pots/pans on a clean ground cloth or on a piece of tin foil to drip dry.
- 10. Let them air dry if you have time; otherwise a paper towel will work. You can hang the dishes in mesh bags for effective, no-touch drying.
- 11. Dispose of the dirty dishwater by first running a strainer through it thoroughly to remove all of the food particles.
- 12. Carry the water 200 feet away from your campsite and any water sources, and fling it out in a widespread area.
- 13. Empty the strainer into a trash bag to carry out with you.

Before you leave any campsite:

- 1. Do a police line to pick up all trash
- 2. Verify the fire pit/ring is completely out/cold
- 3. Where tents were set up make sure leaves or grass is moved around (not flattened)
- 4. Pack all trash out
- 5. Leave the site better than you found it